

*Ever wonder why ...*

# Drinking pasture-fed raw milk, just feels better for you?

## Grain-fed Raw Milk

- \*Vitamin A & D levels Drop significantly
- \* Higher levels of omega 6 compared to omega 3 fatty acids. High levels of omega 6 interfere with omega 3 absorption.
- \*Grains alter the bacterial and acidity balance in the cows gut thereby promoting disease and has a detrimental effect on the nutritional composition of the milk and fats



## Pasture-Fed Raw Milk

- \*100% Pasture-fed increases quality of milk
- \*Golden hue reflects the high levels of vitamin A and K2 and Activator X for strong bones
- \*Contains naturally occurring CLA (conjugated linoleic acid) CLA reduces body fat and protects against cancer.
- \*Superior available nutrient content, making it easier to digest.
- \*Perfectly Balanced omega 3 /Omega 6 ratio
- \*Contains useable calcium, phosphatase, B6 and B12